

# Dharma as Water

Continuous Giving Eases the Heart,  
Absence of Desire Nurtures Clemency,  
Joy and Selfless Giving Pave Way to Dharma,  
Equanimity Leads the Path to Enlightenment.

- Dharma as Water Sutra -

A woman went to Hualien Tzu Chi Hospital for an eye surgery. After the surgery, she slept on her stomach for one to two weeks for retina recovery. Realizing the discomfort of the process, when the woman was fully recovered, she donated one hundred pillows to the hospital so that patients could lie down on their stomachs with ease. Each pillow was embroidered with the words "Donated by Dr. Yuan-Chieh Lee." The woman asked Dr. Lee to give the pillows to patients who needed them.

Dr. Lee emotionally shared the following story about this patient, When she was young, she used her father's name whenever she made a donation. After she got married, she used her husband's name instead. After she became a mother, she used her son's name. After her eye surgery, she used my name.

This patient always has a good spirit and openly shares her love and appreciation to doctors. When her husband donated his body for the cadaver program, she said to her families, "Don't cry! We are glad we can make such a contribution. Even after our death, we can become teachers for others. It is a joyful event."

The patient's action deeply inspired Dr. Lee. He said "When one can donate anything, then there will be no worries or afflictions."