

Love and Responsibility of an Emergency Room Nurse

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From nursing student to emergency clinical nurse, the journey requires enormous effort and learning many skills, gradually growing through continuous challenges. Three years passed in the blink of an eye, and during low points, I had even asked myself: “Is this really what I want?” Looking back now, I suddenly understand that all past experiences were necessary steps in accumulating a clinical nurse’s confidence and achievements.

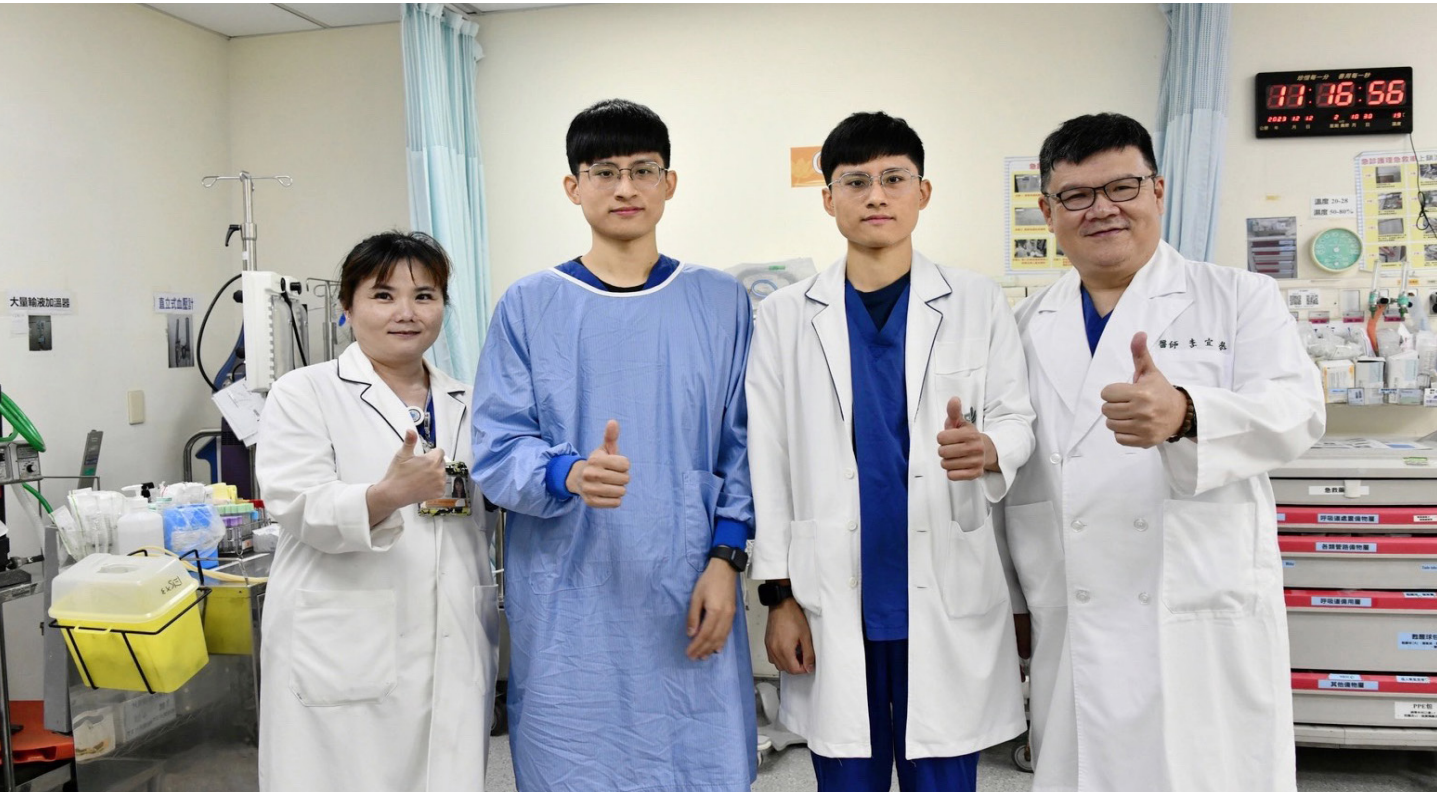
After graduating from junior high school in 2015, I enrolled nearby at Min-Hui Medical College. During my studies, I developed a strong interest in emergency medical services, obtaining an emergency medical technician license and participating in volunteer rescue services. After passing the national nursing exam and obtaining my nursing license in 2021, to ensure smoother clinical service, I immediately applied for alternative military service in the fire department. In just half a year of squad service, I accumulated valuable pre-hospital rescue, disaster relief, and emergency response experiences. In October 2021, immediately after completing my military service, I reported to Dalin Tzu Chi Hospital, beginning my emergency nursing journey. In the emergency room, the learn-by-doing training was extremely solid, allowing me to quickly meet clinical skill standards.



On December 11, 2023, after finishing work and completing an in-hospital course, I was driving home with my younger brother Lin Cheng-Zhun, who is a nurse in the surgical intensive care unit. While traveling on the National Highway No. 1 at the Minxiong section, we discovered traffic congestion ahead and learned a serious car accident had occurred. Instantly, my emergency nurse instincts activated. We immediately stopped the car, got out to rescue people, put on reflective vests, grabbed the in-car medical kit, and ran forward. What came into view was an overturned sedan, with one person trapped and four other passengers who had already escaped waiting on the road.

Arriving at the scene, I immediately identified myself: "I'm an emergency nurse from Dalin Tzu Chi Hospital. Has anyone called for help?" I began triage. The patient inside the car had no breathing or pulse, while other patients had minor injuries. "One black, four green" [triage classification], I called 119 and reported the multiple injured patients to the dispatch center. During the call, my brother and I broke the car windows, extracted the injured, immediately performed high-quality CPR, and addressed bleeding wounds. After handing over to the Minxiong rescue squad, we continued collaborating on ACLS, inserted an IV for the EMT-P to administer emergency medication, until the patient was loaded into the ambulance.

Through solid emergency training from Director Li Yi-Gong and Head Nurse Li Li-Fang, the emergency nurse spirit has been deeply etched in my heart. Even off-duty, encountering citizens in accidents, I immediately step forward to help, racing against time to save lives. We are strangers to each patient, yet we rescue without hesitation. This is nursing professionalism, the beauty of nursing, and I hope more people



Emergency nurse Lin Cheng-Rui (middle left) and his twin brother intensive care nurse Lin Cheng-Jun (middle right) applied their expertise to assist with public emergency care during their off-duty hours, expressing gratitude for the guidance from their emergency department supervisors.

understand that nursing's power knows no bounds, and nursing's love and care are both warm and strong.

After three years of clinical work, and with support from the unit's head nurse, I completed further professional education. To enhance my professional skills, I continuously participate in various critical care seminars, disaster rescue workshops, and international rescue competitions (IEMSC). These experiences have only strengthened my resolve to continue serving in emergency nursing.

I'm grateful for every mentor encountered on my nursing path. Every day, working with our incredibly capable emergency team, we care for each patient with love, patience, and empathy. Each patient's recovery is our greatest affirmation, and every successful rescue spurs me to continue moving forward. Embracing nursing's professional passion, I continue to contribute my small strength to the people of southern Taiwan.