



COVER STORY

Taipei Tzu Chi Hospital
Upgraded to Medical Center

Premature Triplets

Return to Celebrate Birthday with the Obstetrics and Pediatric Department

By Liao Wei-Chin

On November 14, 2020, triplets (Zen-Zen, Pin-Pin and An-An) were born at the Taipei Tzu Chi Hospital.

Despite a difficult carriage, a triplets were born prematurely after 30 weeks plus 2 days. On November 14, 2020, the

operating room was very busy in delivering the babies each weighing about 1.1 kg on average. The team included Obstetrics and Gynecology Doctor Chen Yi-Lin, Vice Superintendent Cheng Ching-Feng, genetics center Dr. Tsai Li-Ping, newborn



The three prematurely delivered babies returned to Taipei Tzu Chi Hospital to celebrate their three-year-old birthday.



At midnight on November 14, 2020, four teams of obstetricians and pediatricians performed emergency operations.

pediatrician Zhao Lu-Lu, and pediatrician Dr. Wong Shi-Bing. On their 3rd birthday, their mother took the 3 siblings to their birthplace to celebrate.

The triplets were conceived through artificial insemination with the assistance of Dr. Chen Yi-Lin. Since the couple had difficulty to conceive, they didn't consider reducing the number of fetuses. Thus, this became a difficult pregnancy. They had to stabilize fetuses from the fifth month of the pregnancy for 86 days. Despite the challenges, Mother Kuo remained optimistic and patient throughout the process. She worked while lying in bed. She took supplements to supplement the babies. The pediatric team was also very cautious and made advance preparations. They arranged personnel in case of emergencies, and selected a big operating room to accommodate a multi-specialty medical team.

At midnight on November 14, all the babies were born smoothly were delivered



The medical team cut the cake, wishing triplets “Zen-Pin-An” safe and healthy growing up.

within three minutes. After birth, the babies were transferred to the pediatric intensive care unit, where they received diligent care and grew stronger every day.

Gratefully, Mother Kuo shared, “I felt reassured by their care. The team patiently guided me in identifying any potential concerns and taught me how to care for the babies, prepare proper nutrition, and handle emergency situations.” She mentioned that the second baby, Pin-Pin,



had to be transferred to another medical center due to a brain infection. Dr. Zhao Lu-Lu consoled her that the baby would still have a lot of potential, her future would still be bright and not to worry too much.

“Happy Birthday to you! Happy Birthday to you! Happy Birthday to you! Happy Birthday to you!” The medical team set the three babies in the middle of a conference room and started singing a birthday song and followed with birthday presents. The atmosphere was pleasant. Dr. Chen Yi-Lin, who delivered the triplets, was so touched. Director Zhao Lu-Lu said happily, “These babies went through hard times during their stay in the hospital had built a special bond with medical personnel. Every year, the new mom



Vice Superintendent Cheng Ching-Feng, Dr. Chen Yi-Lin, Zhao Lu-Lu, and Wong Shi-Bing presented the birthday gifts to the babies.

invited us like family members to share a birthday cake. I think this is a very positive reflection on our team service.”

Dr. Wong Shi-Bing came specifically to help during the rescue operation. He held Pin-Pin with a big smile. Dr. Wong shared, “I am happy, the girls are all growing up and can converse with each other. They have good rapport with us and are not afraid of doctors. Seeing them happy, we are happy too.” The mother of the triplets was very enthusiastic to share her experience. She took care of the babies herself. When she saw the babies growing up normally and happily in good health, she felt this was a very rewarding experience, needed to be shared.

“I am Christian. When I thought of their names, ‘truly, peaceful, and safe’ came to mind. Thus, I use those three words as their names to wish them well,” said mother Kuo. The birthday party was short but everyone shared the joy of seeing the children grow, and witnessed the friendship between the medical staff and the patients. Happily, Kuo cut the cake and the doctors wished for the family peace, health and happiness.



During the extended-stay in the hospital, the medical team nurtured a very good rapport with patients, as if all were in one family.