

Staying Vigilant Against the Coming Pandemic



Time seems to pass extraordinarily slowly as of late. A cloud of gloom lingers. I have been concerned with the development of the new coronavirus pandemic. Every day, I look forward to hearing good news. There has not been any more new cases, and most of the patients have been cured, that is what I really want to hear.

It must be tough for the healthcare workers on the frontline facing the pandemic. Before the pandemic, everyone was diagnosing and treating patients as usual; once the pandemic broke out, they still bravely held the post and never retreated. They are the true heroes that deserve our praise.

We can see from the reports their bravery and fearlessness, holding the line against the pandemic, and I cannot help but say, "Thank you!" We need these healthcare workers to continue their endeavor to ensure the safety of the people outside and the recovery of the patients inside, and that is not an easy task

Despite the advancement of medical and scientific technology, viruses can neither be seen nor felt, and the incubation period of this new virus is long, people can be infected without knowing it, so it is best to remain alert and vigilant.



The government-promoted methods of pandemic prevention include wearing masks, washing hands frequently, and abide by the rules. Everyone should take personal precautions, and the pandemic will be over eventually.

Many large events have been temporarily suspended to reduce overcrowding, but the relationship between individuals have been closer than ever. That is why we sincerely promote vegetarianism in order to conserve the health of all living beings on Earth.

Vegetarianism is about cultivating the virtue of the mouth, which is firstly, not to kill, and not to ingest the bodies of livestock; and secondly, to encourage everyone to be vegetarian. Also the ignorance of the human mind is manifested as abusive speeches that must be terminated. The mouth should gather good fortune. We eat what we should, and vegetables, fruits, and grains already provide sufficient nourishment for the human body; we say what we should, and speak kind words. I would like to call for prudence and vegetarianism, so we can move ourselves toward goodness.

The pandemic is still on the rise, and the public is anxious and unsettled. Those who are safe should do their part for the healthcare workers and infected patients through our prayers and our diet, which is beneficial to others and to ourselves, and their safety is our safety. May our sincere thoughts and prayers be united to help the pandemic subside.