

## Ontario, Canada

2021.12.04-05

**Acupuncture and Application  
of Traditional Chinese  
Medicine to Protect the  
Health of the Tribal Aborigines**

Tzu Chi Canada Eastern Branch was invited by the aboriginal organization "Grandmother's Voice" to collaborate for the first time to hold a free Tzu Chi Chinese Medicine (TCM) clinic. The free clinic was scheduled to be held on December 4th and 5th at the Country



**The Canadian Tzu Chi Medical Association cooperated with the "Grandmother's Voice" aboriginal organization to hold a free Tzu Chi Chinese Medicine (TCM) clinic from December 4th to 5th, allowing the tribe aborigines to experience the therapeutic effects of TCM.**

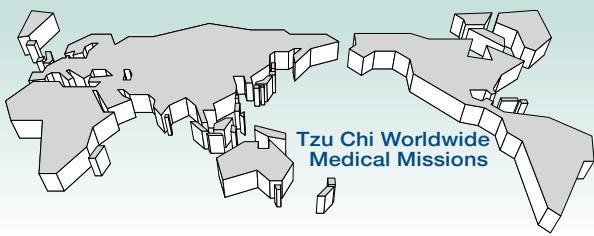


**Many patients were trying TCM therapy for the first time. Physician Chen Zhongyan palpated the pulse carefully and explained the procedure in detail.**

Heritage Park in Milton, Ontario. The TCM team of the Canadian Tzu Chi People's Medical Association was very helpful. On the first day, there were two Chinese medicine practitioners and thirteen volunteers served. On the second day, three doctors and nineteen volunteers continued, and together they completed the two-day event.

This time, because most of the patients have never been in contact with Chinese medicine, they were inevitably afraid of the unfamiliar treatments. After receiving acupuncture treatment, they felt that the pain in the body was truly relieved and became completely relaxed. They complimented the doctors' superb medical skills.

Mahler's mother and daughter, volunteers of the Voice of the Grandmother Aboriginal Organization, were among the witnesses. My mother couldn't turn her neck, but she was much more flexible after acupuncture, which made the daughter call it miraculous. The daughter originally refused to have acupuncture because she was allergic to needles. Volunteer Sister Wang Meiyu comforted her: "Don't worry! The doctor absolutely respects the wishes of the patient. You can communicate with the doctor frankly and let them diagnose and treat you with peace of mind!" Unexpectedly, when she walked out of the clinic, the daughter happily ran over and told her sister that



**Chinese medicine practitioner Gong Qinfu (left) demonstrated the movements of bending over and supporting the knees for a patient.**

her body had almost recovered, and the body felt the relaxation it had never felt before. She felt the exuberance as if she had won a million dollars.

Another patient, Gidget Jonathan, an aborigine of the Six Nations, carried three or four tins of pills with her and suffered chronic side effects. Because of the pain, half paralysis, and vision problems, she often falls and cannot sleep almost daily. She came to the free clinic to

receive treatment from a Chinese doctor, but fell asleep in the treatment room! It wasn't until after the needle was taken that the doctor woke her up. "I slept for 30 minutes without knowing it. When I woke up, I was refreshed and the pain was gone!" Nearly, she excitedly shared her treatment experience. Later, through the sharing of volunteers, she learned about the origin of Tzu Chi and the spirit of great love. She immediately decided

to become a sponsor of Tzu Chi, and hoped to do her part to help others.

Sister Chen Yanwen expressed that she hopes to forge a good relationship with the aborigines through the TCM free clinic activities, and she was also grateful that it would lead to more beautiful circles of life, just like Dr. John Van Herbert, who was her own rehabilitation physician. Originally he was just visiting the Rural

Historic Park. Then when he learned of Tzu Chi free clinic, he immediately joined the service the following day.

The body and mind were relieved during the two-day free clinic activity, seeing the aboriginal patients being helped by Chinese medicine treatment. Everyone's faces were full of joyful smiles, which also made the medical volunteer team feel extremely gratified.



**Tzu Chi booth was set up at the free clinic. After listening to the volunteers' sharing, the public responded with support and willingness to do their part to help others.**