

Ontario, Canada

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Globalization of TCM

By Tzu Chi Canada

The 6th Annual TIMA Traditional Chinese Medicine Symposium was held in early August, 2018, in Vancouver on the west coast of Canada. The 7th TCM symposium was held only two months later in Humber College in Toronto on the west coast of Canada.

The reason for holding The 7th TIMA Canada International TCM Symposium in Toronto for the first time was to contribute to the legacy of academic and empirical TCM

research in the east coast, and to show appreciation to Humber College for their invitation for collaboration with Tzu Chi Foundation.

The Tzu Chi Clinic of Traditional Chinese Medicine in Humber College provides TCM students of Humber College a venue for clinical practice and instructional teaching. The inauguration for the clinic was held on Oct. 5, 2018, the first day of the symposium.

Balanced Theory and Practice

The four-day 7th TIMA Canada International TCM Symposium was carried out from Oct. 5 to 8, with 22 TCM

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TCM experts and scholars from Hong Kong, Taiwan, and the east and west coast of Canada participated in the symposium to engage in academic exchanges to elevate TCM professions and relief the sufferings of patients.

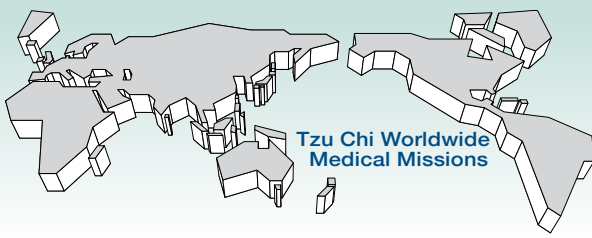
experts invited from Hong Kong, Taiwan, and the west and east coast of Canada. The first two days of the symposium were dedicated to the academic presentations by the 22 experts, and the last two days were organized for specialized, in-depth seminars on specific topics. A total of 200 attendees and over 230 volunteers and lecturers participated in this event, working together to facilitate academic exchange with the aim to enhance TCM profession and relief patients' suffering.

Tzu Chi Canada CEO Gary Ho shared the past, present, and future of Tzu Chi Medical Mission in Canada. The honorary chairperson of this symposium Dr. Chen Chi-Ching spoke about the the current status and future prospect of TCM in Ontario. Secretary-Treasurer and Board Member of Canadian Alliance of Regulatory Bodies of Traditional Chinese Medicine Practitioners and Acupuncturists (CARB-TCMPA) Allan May looked forward to the collaboration of Humber College and Tzu Chi Canada,

believing that the this collaboration would have a profound impact on the development of TCM in Canada. Humber College TCM Program Co-ordinator William Hossack believed that the education environment provided by Tzu Chi would create a lasting impact on its TCM students.

Dr. Wen Chung-Kai was the main guest speaker in this symposium who subsequently held “Wen-style Modern Acupuncture Seminar for Elite— Theory and Practice of Scalp and Eye Acupuncture” in Tzu Chi’s liaison office in west Toronto, sharing his skills without holding back. His seminar was well received by the learners.

Instructor Liu En-Ming, a 80-year-old TCM practitioner from Hong Kong, is the founder and developer of filiform-fire needle, which is an innovative acupuncture therapy which falls under the minimally invasive TCM treatment. Taipei Chinese Medicine Association Dr. Lin Chan-Hung led a seven-member



team to share their years of invaluable clinical experiences, including Dr. Kao Tsung-Kuei speaking on minimally invasive acupotomy in the treatment of knee osteoarthritis, Dr. Chen Chao-Tsung talked about “The Spectral Indicator Characteristics of Blood Pressure Waveform of Breast Cancer Patients”, Dr. Cho Yu-Ching shared her thoughts and experiences on treating breast related diseases with TCM, Dr. Chiu Jing-Peng, who was also the master of ceremonies, presented new theories on upper limb treatment using cases of wrist pain as examples, and Dr. Hsu Cheng-Feng spoke on the historical evolution of acupuncture therapy for rib and chest pain.

Hualien Tzu Chi Hospital TCM Department Director Ko Chien-Hsin led a medical team of 11 members from Hualien and Kuanshan Tzu Chi Hospital to participate in the symposium. Among them, Dr. Chen Chung-Kuei, Dr. Lai Yin-Chi, Dr. Wu Hsin-Chieh, and Dr. Chen Yi-Chen co-presented a clinical report on the integrative TCM and western medicine treatment on dementia, intestinal infarction, tocolysis, and spinal cord injury; Dr. Tsai Yi-Cheng, Dr. Lin Tzu-Chun, Dr. Kao Yon-Chung, and Dr. Tsou Mu-Fan held a poster exhibition on six topics: The progress of clinical study of Sanfutie (Summer Three-Crouching Days Herbal Paste) on non-pulmonary



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disease, advocacy of Sanfutie using social media, communication behaviors and influencing factors of applied medicine on social media: with Hualien Tzu Chi Hospital TCM LINE as an example, applications of TCM herbs in garden therapy, applications of classic acupuncture in sports medicine, and acupuncture treatment experience in Jordanian refugee camps. Dir. Ko also shared his unique application experience of Jing Fang TCM.

“We wish that all of you here today can master these TCM skills and techniques and apply them well in serving people who are suffering from illnesses, and that would in turn lighten the healthcare expenses that poses a tremendous burden on our government, and more people would benefit,” CEO Gary Ho appealed to everyone.

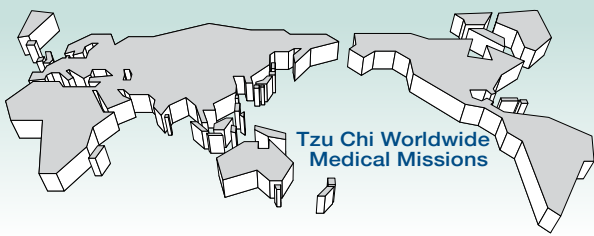
The Inauguration of Tzu Chi Clinic of Traditional Chinese Medicine

Another grand event following the symposium was, on Oct. 5, 2018, the completion of Tzu Chi Clinic of Traditional Chinese Medicine, a collaborative effort of Tzu Chi Canada and in Humber College in Toronto that took five years of planning, designing and constructing.

In early 2013, Humber College decided to establish a TCM department. In order to have a clinic that provides

students with theoretical and practical training, the college arranged a meeting with Tzu Chi Canada West Toronto Office, during which it raised a proposal for Tzu Chi to establish a TCM clinic. Humber College, only 12 km away from the West Toronto Office, is the largest public college of technology in Canada, with over 70,000 students counting both day and evening divisions. The college’s Faculty of Health Sciences & Wellness is well received in Canada, and is recognized for the quality of their nursing and emergency nursing programs. There are several reasons why Humber College chose Tzu Chi as the candidate for collaboration: 1) Tzu Chi is a non-profit organization and the top partnering candidate for an educational institution; and 2) Tzu Chi has been recognized for providing free TCM services in the annual Taiwanese Canadian Cultural Festival held in downtown Vancouver and Toronto’s Harbourfront Center. After several negotiations and on-site surveys by the TIMA TCM person-in-charge and Tzu Chi volunteers with the college, both parties agreed to rebuild a quiet first floor space behind the campus’s new building into the TCM clinic.

Humber’s Traditional Chinese Medicine (TCM) Practitioner advanced diploma program was officially founded in 2015, recruiting a total of 34 students in its first year. It was the first TCM program



in a public college in Canada. Humber College Vice President Alister Mathieson and Senior Dean of Faculty of Health Sciences & Wellness Jason Powell visited Hualien, Taiwan, accompanied by Tzu Chi volunteers, on Feb. 17, 2017 to report the plan to Master Cheng Yen. The plan was later approved.

To encourage the promotion of TCM education in Canada, helping excellent students passionate in TCM to complete their degree, in Oct. 2016, Tzu Chi Canada offered 25,000 CA to Humber College for the 1st Entrance and Ongoing Scholarship targeting TCM students. At the same time, the design

of the TCM clinic inside the campus, which would be managed and operated by Tzu Chi Canada, had just begun. The Tzu Chi Clinic of Traditional Chinese Medicine in Canada will continue to work closely with Humber College to develop a comprehensive TCM program that would serve as a foundation for TCM-oriented TIMA Canada, and to promote and integrate TCM into the system of Western Medicine, while simultaneously provide health care to underprivileged communities such as the aboriginals, new immigrants, and low income families in the spirit of human-oriented medicine and selfless love.



Hualien Tzu Chi Hospital and Kuanshan Tzu Chi Hospital TCM doctors deliver their clinical report and themed poster exhibition.



On Oct. 6, the symposium attendees visited the Tzu Chi Clinic of Traditional Chinese Medicine on the campus of Humber College to learn about its space configuration.



Demos in the symposium.