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**Omni Technological Physical Examination Benefits New Immigrants Without Health** Insurance

By Yeh Yin Hung and Chu Tze Ren

Tzu Chi New York Branch held the "Health Day with Love", there were 149 people received the loving care of medical personnel's careful diagnosis,

checking their health conditions and left with appreciation.

The coordinator of the free clinic Dr. Yao Fun-Sun said, "There are many new immigrants from New York area, we wish them to have healthy physical condition to conduct daily lives." Dr. Yao pointed out that there were seven traditional Chinese doctors who provided acupuncture treatment as well. In addition, western medicine including ophthalmology, dentistry, otolaryngology,



Tzu Chi NY branch, volunteers and medical team held a health day free clinic, people paid attention to the matters prior to the opening of the clinic.





Dr. Han Min-Yen, a cardiologist, examining the patients carefully.

cardiology, gastroenterology, and orthopedics were provided. Lecture sessions such as psychological consultations, nutritional consultation as well as mental health were also provided.

With the support of Family Medicine Dr. Jonathan Chang and Dentist Prof. Kenneth Liao, the newly purchased eye examination machines were put to use. Ophthalmologists not only provided the regular eye examinations, but also performed the examinations for eye diseases such as glaucoma and cataracts. In addition, the comprehensive examinations with an electrocardiogram and ultrasound provided immediate diagnosis.

The chair of dental association for Queens's district, with his popularity and influence, invited many dentists with significance experience to help the event. A famous oral surgeon also participated at the event and extracted the teeth for patients as a newly added service.

Comprehensive eyes examinations were conducted inside the mobile clinic from Columbia University Medical Center. They spent 40 minutes on each patient; the ophthalmoscope could help diagnose the changes due to high blood pressure and diabetics, and were very helpful for Asians. The reports were printed right away and provided to the specialist for further consultation. Normally, an eye examination does not provide such a comprehensive check.

Dr. Jonathan Chang gave a lesson on "Learn about Hepatitis B". He said, "There are two millions people with Hepatitis B, a majority of which are Asians and African Americans." At present, there is newly developed medicine, which provides effective result against Hepatitis B. Patients only need to follow doctor's order and take the medicine accordingly. Dr. Chang also reminded everyone that preventive is better than treatment. One should maintain the health and eat balanced food, pay attention to hygiene, take immunizations and protect the liver.

This free clinic served many people



Physical Therapist helped people to do stretch exercises

who did not have health insurance. The sixty-six-year-old, Shih Yu-May came to U.S. from China to help bury her daughter and was still waiting for the court's document. She said with tears that the pain of last eight months was too painful to describe. She suffered insomnia, headache, running nose and stomachache. The medical team's doctors treated her as family members, seventy some years old Dr. Han Min-Yen told her how to take care of her health.

Daw Hlakyi, from Burman with diabetes, came here 3 months ago without medical insurance, and was not able to afford insulin medicine. She said, her daughter was working at a restaurant



The dentist's team provided the services for teeth cleaning and extraction.

as a server and could not afford the medical expense. Thus, she asked the Buddhist's temple to help her. With master's help, she was introduced to Dr. Chang, and heard about the free clinic. Therefore, she took the train for one and half hour and got the clinic at 8 am. She hoped that Tzu Chi would have this type of free clinic yearly. The daughter appreciated the medical treatment for her mother, knowing there is no big health problem, and felt the trip was worthwhile.

This medical free clinic has 172 volunteers with 52 doctors, 4 nurses, 30 dentists and assistants, and 86 logistic personnel.