



No Matter How Far, My Life Path Would Never Change

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Since I joined the Tzu Chi family, “Nursing” became the center of my universe and “volunteering” turned into an irreplaceable side job. In the “virtuous” environment of domestic to international Tzu Chi activities, I experienced the suffering of the underprivileged and learned to appreciate what I already have. Those who are less fortunate also inspire me by their kind acts benefiting others. I am grateful for many benefactors along the way. I am also thankful to be serving as goodwill ambassador of Tzu Chi University of Science and Technology under the guidance of Humanity Director Hsieh Li Hua. She



made me realized that building a career and volunteering could be in tandem and it is possible to have passion, happiness and positive energy as you give your best. How can you give up this under such wonderful circumstances!

Every passing second working in the society is a treasure. Confronted with a lack of resources and three-shifts per day schedule, I appreciated the countless support from Head Nurse Ni Chun-Lin from the Yuli Tzu Chi Hospital. She made it possible for me to volunteer in Tzu Chi activities: medical, culinary, recycling, family visits, prayer services, sign language, foreign and domestic free clinic, and social work teams to practice my attentiveness and to energize my body, heart and soul while warming other souls.

Starting at the community recycling station, I learned from veteran Tzu Chi volunteers, who may look older but still youthful in the heart, that we must learn to bow and focus our mind in order to appreciate people and things from a different perspective. Master Cheng Yen's purifying the heart is about practical living, cultivate



humanity and be able to instill emotions when interacting with patients or their families. During home visits, I felt the suffering of the disadvantaged and less fortunate families. Many developed drinking habit endangering their health. The elderly who suffered from chronic diseases were living under filthy conditions because of their inability to care for themselves. Under the guidance of Tzu Chi veteran volunteers, many care recipients experienced loving care - “good people do good work and good deeds are being done by good people.” Everyone can turn their palms downward and be the givers. When I am back at the ward, I would share my volunteering experiences with patients or their families. Volunteering is about practicing what you say, be it a simple smile, a calming word, a peaceful expression or a considerate gesture.

Overlooking cross borders, we have visited Malaysia, Singapore, Indonesia, Australia, and Cambodia. I saw how people cherish their limited resources. They have “nothing” yet their lives are simple and natural. They possess the most genuine smiles that come from their unpretentious souls. They value every drop of water, every lamp, every pair of shoes and every medical treatment. Through them, whom we only encounter once in our lifetime, we discovered ourselves the true meaning of giving because we benefit the most. Love is the best anecdote for hopelessness and depression and our hearts are our best assets.

I am whole-heartily grateful for what my parents bestowed upon me. We continue on our journey of virtuous deeds. The spread of happiness to others, even if there is only one beneficiary, we must be perseverance and grateful for the opportunity.

Think about setting sail with love, as stated by Master Cheng Yen, “If it is the right thing to do, then just do it.” When the seeds of love is planted in your heart, love will sprout and spread to every corner in need. Let the volunteers start the rippling effect when they spread love and kindness. The journey of volunteering can start at any time. I hope the power of love can light up our lives!