

## Speakers' highlights



**Dr Lee Yi**

Medical Secretary & Director General of Quality Control Department,  
Hualien Tzu Chi Hospital, Taiwan

*The government and consortiums would not build a big hospital at such sparsely-populated area (Hualien, Taiwan) because it would certainly incur a big loss. But Master Cheng Yen, having seen many people falling into the vicious circle of poverty and ill health, decided to build a large hospital in this small city. In 2016, the Superior Council of Scientific Investigations reported Tzu Chi Hospital as the highest rated hospital in Asia and number 13 in the world, because it has brought forth “humanistic medicine with reverence for life”, taken on some of the most complex cases on the continent, focused on removing pain from illness, and taken in poor patients without the need for pay and ran primarily through grants.*

Vice Superintendent, Dalin Tzu Chi Hospital, Taiwan

*Our hospital has been a health promoting hospital (HPH) for more than a decade. It is implemented for the patients and families, executed by the staff on the hospital premises and extended to the community. We have a HPH Committee chaired by the Superintendent and comprised of four groups, each in charge of environment, hospital staff, patients and families, and community respectively.*



**Dr Lin Ming Nan**



**Dr Shen Yi-Ying**

Chief of Department of Chinese Medicine,  
Kuanshan Tzu Chi Hospital, Taiwan

*A frown and a smile are both possible. So, why don't you smile? Smile relaxes your body, and when you laugh, you are massaging your heart meridian. This is because based on the theories of traditional Chinese medicine, your face is connected to your heart. When you smile or laugh, your heart will feel it. So, joy and happiness are essential to a healthy heart.*



**Dr Kenneth Liao**

Deputy CEO of Tzu Chi New York, USA

*I spent my last Christmas in Jordan. It was very cold and the refugees were living in a very poor condition. In one of the camp sites, there was only one toilet shared among the 100 families... I have been doing international relief for the past 20 years, but never had I been so emotionally touched, because we were treating people whose parents and countries had been displaced. It was a completely tragic and devastating situation unfolding before a major human race catastrophe due to greed and power struggles, where the most innocent people bear these grievous consequences. Human dignity was lost, and basic rights and needs surfaced with bare-minimum calls for greater love, understanding, tolerance and forgiveness. This is what our Master has been teaching us all along and is very much needed to restore humanity.*

Dean, Yayasan Al Ashriyyah Nurul Iman Islamic Boarding School, Indonesia

*You know why Tzu Chi is very important to me? My husband passed away six years ago, leaving me with 23,000 orphans (now 15,000) in Nurul Iman. "Always remember these children, they must always be well-fed. Those were his last words." I have had to provide food, lodging, education and health benefits to these children. An extreme religious group contacted me and offered to settle my debts in exchange for these children. But I could not accept that, as these children will end up as suicide bombers or terrorists. I tried to survive without help from anyone, except Tzu Chi. I got help, assistance and love from Tzu Chi. We may be different in colours, religions, races and countries, but our mission is the same – for humanity.*



**Mdm Umi  
Waheeda binti  
Abdul  
Rahman**



**Dr Ng Poh Yin**

Head Unit & Consultant Urogynaecologist, Hospital Kuala Lumpur, Malaysia

*When I first started to collect recyclables in the hospital, people called me "the garbage woman" and thought that I was a bit crazy. I did hear a lot of comments but I just did not care because it is not enough to just serve the sick, we have to save the world. I knew I am doing a good cause and it is what I want to do. Even though it is 0.000001 percent, it is still more than zero percent and still makes a small difference. In doing recycling, you save the Earth and yourself. The moment your hands touch the ground, your ego goes down.*